



INTERNATIONAL DAY MAY 5TH 2023 OF THE MIDWIFE

Who is the Midwife

The midwife is a healthcare professional who supports women's health at every stage of life. You can find her in hospitals, in birth centers, in local health hub (distretto, consultorio), or she can visit you at home.

Choose the midwife to increase your health's potential and your experience's satisfaction!

When can a midwife help you?



Sexuality and contraception

- Sexual well-being and information on contraception for the individual and the couple
- Reproductive health
- Prevention of sexually transmissible diseases

Maternity



- Low risk pregnancy, childbirth and postnatal care
- Information and support in choosing the place for childbirth and mode of delivery.
- Prenatal class education.
- Breastfeeding: protection, promotion and support



Baby's health

- Support with feeding, monitoring the child's growth and health up to one year of age
- Accompanying and supporting the couple in their parental choices

Women's health and care



- Promotion of a healthy lifestyle
- Care and support for gynaecological diseases.
- Care and rehabilitation of pelvic floor
- Information and screening for diseases and cancers
- Support during menopause.

